



**SCIENTEX CONFERENCES**

Where Holistic Knowledge Blooms

# International Conference on **NURSING AND MIDWIFERY**



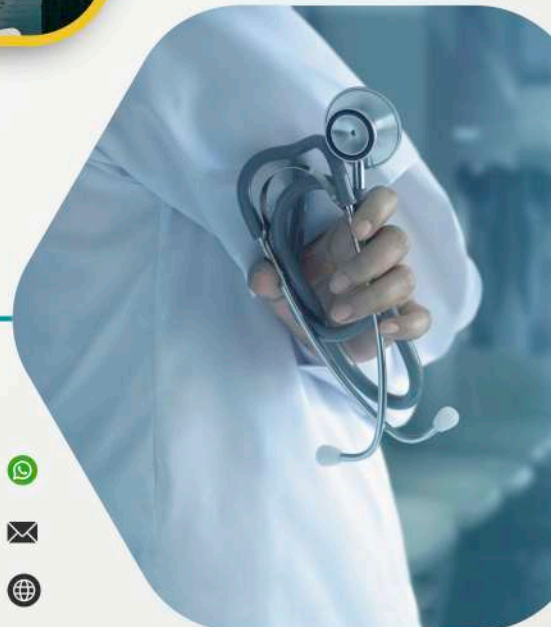
**November 13-14, 2023**  
**Dubai, UAE**



+1 (346) 348-1205 

info@scientexconferences.com 

www.scientexconference.com 



## Cell phone app for perinatal follow-up: “SEPEPE”

*Grazzia Rey*

*Clinics Hospital; University of the Republic, Uruguay*



### ABSTRACT

SEPEPE App is a major innovation for the Gynecologist, who for the first time will be able to indicate an App for pregnancy control. SEPEPE, (Personalized Perinatal Follow-up) is a telematic expansion of the SIP (Perinatal Information System).

SEPEPE App is installed in consultation on the pregnant woman's cell phone; it generates questions about lifestyle and warning signs. SEPEPE WEB is used by the doctor in the consultation during which he accesses the information on the events reported by the pregnant woman since the previous control. SEPEPE App (1) generates "alerts" for the pregnant woman based on her responses and (2) informs SEPEPE Web in real time in case of obstetric alarm signs to allow the health team to assess the situation.

Twelve types of obstetric/family/psychosocial case were classified according to SIP variables.

By associating the patient in consultation with a "case", SEPEPE proposes a "SEPEPE recipe" indicated for each case and which the gynecologist installs on the patient's cell phone by sending an access code. SEPEPE ventures into still unexplored possibilities of Medical Informatics by allowing timely follow-up to be put into practice according to risk levels, optimizing the available human resources. SEPEPE grants independence, empowerment to patients and documentary support with an active presence in the lives of their pregnant women to 21st century obstetricians-gynecologists.

### SPEAKER PROFILE:

Dr. Grazzia Rey has been working at the University of the Republic since she was 21 years old in different departments of the Faculty of Medicine, currently she is working as an associate professor of the gynecological clinic B at the Hospital de Clinicas and she is also a researcher with a special interest in innovations at the level of medical informatics.